



Kaytrina Curtis

Firefighter Larry Rhodes, 514th Eng., protects the ball from 603rd Avn. “Killabeez” while going for a touchdown Oct. 29 during the Hunter intramural flag football finals.

‘Killabeez’ sting ‘Firefighters’ into submission

Kaytrina Curtis
Public Affairs Specialist

Crisp autumn air chilled the night for what would be the last game of the Hunter Army Airfield intramural flag football season. The Soldiers and Civilians of the 514th Engineer Detachment “Firefighters” and the Soldiers of Company B, 603rd Aviation Support Battalion “Killabeez” battled it out on the gridiron Oct. 29.

To get to the coveted finals, the two teams had to beat out players of the 3rd Battalion, 160th Special Operations Aviation Regiment in the championship game, and 1st Battalion, 3rd Aviation Regiment the

night before.

Throughout the game, the competition was spirited. Each team fought with all the energy they could muster to see who would go down in the books as 2008’s best team on Hunter.

During the first half, both teams proved to be worthy opponents. For each time the “Killabeez” scored, the “Firefighters” came back with an answer.

Both teams completed two touchdowns and the two-point conversions in the first quarter. In the second quarter the Killabeez stung hard and ended the first half with an eight-point lead of 24-16.

Try as they might, the “Firefighters”

could not catch up with the speed and agility of the winged insects. The “Killabeez” flew into the second half with a vengeance in the third quarter but the “Firefighters” were not to have any of it, and extinguished their fire.

When the dust settled, the Killabeez were victorious over the “Firefighters” by eight points, and a score of 30-22.

Family Member Megan Fulton said she enjoys watching football at home, but that coming out to watch her husband play is an added bonus.

“I come out here to support him but to also support all the other “Firefighters,” Fulton said. “I’m a football fan. It’s definitely fun (to watch) the football season on TV, and

then its fun to watch them (Firefighters) come out here and play.”

Fulton thinks that more Families and servicemembers should come out to support the teams that participate in intramural sports on the installation.

“These guys work hard in their regular jobs in the military,” Fulton said. “To be able to come out here and relieve their stress and have fun with everyone is a good thing for them.”

All four teams, 603rd Avn.; 514th Eng. Det.; 3/160th SOAR; and 1/3 Avn. will play teams from Fort Stewart in a battle that will end during the championship game on Olvey Field Nov. 18. during Marne Week.



Spc. Gaelen Lowers

Soldiers with the 87th CSSB partake in a Halloween costume run, Oct. 31.

Run puts spirit in PT workout

Spc. Gaelen Lowers
3rd Sustainment Brigade Public Affairs

Soldiers of the 87th Combat Sustainment Support Battalion showed off their spooky side Halloween Day by participating in a four-mile costume run.

“Sometimes it’s nice not to have to wear your (physical training uniform),” said Lt. Col. Kimberly Daub, commander of the 87th CSSB. “They just get old after a while.”

Soldiers were encouraged to come to morning PT formation dressed up in a Halloween costume while Soldiers from other units were treated to the opportunity to see Elvis, Freddy Krueger, a sumo wrestler and many other characters run side-by-side down Fort Stewart’s roads.

“There were a lot of great costumes,” Daub said. “It was a lot of fun.”

Maximum participation brings sharp competition at golf scramble

Special to the Frontline

Third Sustainment Brigade earned the win Oct. 31 at the Garrison Commander’s Golf Scramble held at Taylors Creek Golf Course.

Nearly 100 individuals made up 25 teams representing units and agencies around post.

The teams represented included 3rd Infantry Division Special Troops Battalion; 92nd Engineers; 1st Battalion, 64th Armor Regiment; 1st Battalion, 30th Infantry Regiment; 188th Infantry Brigade; Dental Activity Command; the Directorate of Logistics; 4th Battalion, 3rd Aviation Regiment;

87th Combat Sustainment Support Battalion; 26th Brigade Support Battalion; Directorate of Emergency Services; 3rd Sustainment Brigade and several independent teams.

Representing the winning team, 3rd Sustainment Brigade, Al Thompson, Mike Willis, Mike Harris and AJ Flores scored 53, edging out John Fitch, Manny Gonzalez, Bart Knoch and Max Brown from DES who scored 55.

A close third, George Howard, Derek Hellstron, Tory Kuehner, and Joel Stone were an independent team that showed their metal with a score of 56, dropping the 26th BSB team represented by

Anthony Kasdorf, Zach Palmer, Travis Bartlett and Juan Palacios to fourth.

In a race to see who would make the top five, experienced golfers Jay Blocker, Len Carrette, Terry Middleton and Mike Thomas made the cut-off with a score of 58, just in front of sixth place finishers Brian Hegenbart, Matt Cambell, Chad McPike and Greg Laurence from 4/3 Avn. who scored 60

In addition to the team competition, two separate competitions included DES player Bart Knoch, who took closest to pin, while Keith McKern, 1/30th Inf., won longest drive.



Courtesy photo

Orange Belt Ty Ruff delivers a side kick to his opponent, Oct. 25 at James Brown Park's Shuman Center during the 2008 Liberty County Taekwondo Championship.

Students get their kicks with TKD

Special to the Frontline

James Brown Park was the site for high kicking competition as students from around Georgia gathered to demonstrate martial arts excellence at the 2008 Liberty County Taekwondo Championship.

Earning second place in schools, Fort Stewart's Child and Youth Services TKD class was represented by students who walked away with 20 individual awards in sparring and forms, according to CYS TKD instructor Master Phil Konz.

Youth ranging from 6 to 15 years old, with experience varying from Yellow Stripe to Red Belt, demonstrated outstanding skill and sportsmanship, according to Konz. The students earned eight of the 10 first place finishes in forms - demonstrations of martial arts skills following a set pattern.

Purple Belt Josh Bones, 8, son of Esther and Sgt. Shawn Bones, 1st Battalion, 76th Field Artillery Regiment, took first place in sparring and second place in forms.

Blue Belt Terri Brown, 9, took first place in both sparring and forms. Yellow Belt Emerald Eberenz, 9, took second in sparring and first in forms. Orange Belt Antonio Fierro, 10, took second in sparring, first place in forms. Yellow Stripe Belt Dean Harrison, 6, took second in sparring and first in forms.

Yellow Stripe Belt Alexa Neal, 8, earned first place in both sparring and forms for her category. Yellow Belt Keenan Pasley, 8, earned second place for sparring and first place in forms. Red

Belt Paul Reeves, 9, earned second place in sparring and first place in forms. Orange Belt Bryan Ruff, 9, earned first place in sparring and third place in forms. Orange Belt Ty Ruff, 15, earned first place in both sparring and forms for his category.

Konz said the competition was great and noted the event was an opportunity for children to test their skills against other competitors from different communities. He also noted that the installation TKD class would be competing at the 2008 Showdown Georgia Open Martial Arts Championship in Stockbridge, Ga., Nov. 8.

But the outstanding performances did not stop with the tournament, as several were recognized, Oct. 31 for their performance and positive attitudes.

Athena Dumadag, 6, was recognized as CYS TKD Student of the Month.

In addition, other up and rising role models were congratulated, including Outstanding Student awards to Madison Burt, 6; Jack Burt, 8; Ariana Dumadag, 6; Makayla Christie, 7; and Tony Jarvis-Langley, 9 for their superb performances during the month.

Students receiving promotions were Ariana and Athena to Yellow Stripe Belt; and Jarvis-Langley and Joe Bailey, 13 to Yellow Belt.

"Parents, Family Members and friends can be very proud of all the students," said Konz. "They've all done a super job." For more information about CYS TKD or other CYS programs, call 767-4493.



Leaders rise to occasion

Spc. Dustin Gautney

Captain Lea Lato, Headquarters and Headquarters Company, 2nd Brigade Combat Team, 3rd Infantry Division, scales the rope climb as part of 2nd BCT staff officer physical training session designed to promote camaraderie and physical fitness, Oct. 28.

Jake's Body Shop

Set goals, track your progress

Jake Battle

DMWR Fitness Coordinator

Making your exercise a success is not easy. But you can do it! Following these simple steps will greatly increase your chances for exercise success.

Ask your friends to help

Ask the people close to you (spouse, Family, friends) to help you. Ask them to celebrate with you when you reach a goal, to exercise with you, or to help you realistically plan your schedule.

Tell them it is important to you and ask them to be interested and encouraging. Perhaps they would like to join you. It is easier to jump rope if other people are doing it too. It is easier to keep going when other people are exercising with you



see them in your home and at work. For example, put up a picture of a winning runner, breaking the tape and holding hands high. Anything that reminds you of your commitment to being stronger and more fit will help to keep your motivation high until exercise becomes a habit.

Quit smoking, lose weight

Success breeds success. After a few weeks of exercise, you have taken command. Now is a good time to think about taking charge of your smoking or excess weight.

Quitting smoking will help your exercise routine, and your exercise routine will actually make it easier for you to quit smoking.

Losing weight and keeping it off is also aided by exercise.

Combining exercise with changes in your eating routine will help you successfully lose your excess weight.

Make a commitment

Perhaps, you have tried exercising for three weeks and made a good, solid start. You were a success. Keep your exercise program going until it becomes a habit. Review your reasons for exercising, then take the next step. You can do it.

Keep up if you miss a day

Everyone misses a day once in a while. Do not waste time feeling that your program is over or that it will be too hard to exercise if a day has been missed. Just get restarted. A perfect record is not important. Just keep trying and you will do it.

Use reminders

To remind yourself to exercise, put reminders out where you will

Fort Stewart Intramural Fall Soccer League

DATE

TIME

TEAMS

Nov. 8	6:30 p.m.	Co. A, 3/69 AR vs Co. E, 2/7 Inf.
	7:30 p.m.	Co. D, 26th FSB vs 92nd Eng.
	8:30 p.m.	Troop B, 5/7 Cav. vs Battery A, 1/9th FA
Nov. 9	6:30 p.m.	Co. B, 3/69 AR vs Co. A, 26th FSB
	7:30 p.m.	Co. A, 3/69 AR vs Co. C. 3rd FSB
	8:30 p.m.	Co. E, 2/7 Inf. vs HHC, 4-3 BTB
Nov. 15	6:30 p.m.	Battery A, 1/9th FA vs HHC, 4/3BTB
	7:30 p.m.	Co. A, 4/64 AR vs Co. A, 3/69 AR
	8:30 p.m.	Battery A, 1/76 FA vs 92nd Eng.

Intramural soccer standings

Rocky's Conference

	WON	LOST	PCT
HSC, STB, 3rd SB	7	0	1.000
Co. A, 1/9 FA	5	2	0.714
HHC, 1/3 BDE	3	5	0.375
26th BDE	2	4	0.333
MEDDAC	1	6	0.142

Register now for youth sports

Special to the Frontline

Child and Youth Services holds registration for youth basketball and cheerleading Nov. 3 through Dec. 15, or when all slots are filled.

These programs are open to CYS members living on or off-post.

Age categories are 5-18 years old, as of Jan. 1, 2009 for basketball; for cheerleading, ages 6-13, as of Dec. 31.

Register at Fort Stewart CYS, building 443, Gulick Ave., next to Corkan Pool.

CYS hours of operation are Monday, Tuesday, Thursday, and Friday, 8 a.m. to 5 p.m.; and 9 a.m. to 6 p.m., Wednesday.

For more information on registration procedures, call 767-2312. For more information on the sports programs, call 767-4371 for basketball or 767-2815 for cheerleading.

Volunteers are needed to coach basketball teams and cheerleading squads.

If interested, visit CYS or Jordan Youth Gym, building 608, to fill out an application and submit to a background check.

Check out The Frontline online at
www.stewart.army.mil